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### ACCOMPANYING DOCUMENTS

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Accompanying letter must contain:

- 1) the title of the article, which must be brief but informative;
- 2) the name of the proposed heading;
- 3) information about the authors: last name, first name and patronymic of each author, indicating the highest of the available scientific degrees (titles), email addresses of all authors for publication in the journal;
- 4) the name of the department (s) and institution in which this work was performed, with an indication of the mailing address;
- 5) information about previous or repeated publications or about the submission to another journal of any part of this work;
- 6) a statement of financial or other relationships that may lead to a conflict of interest (see below on the declaration of presence / absence of a conflict of interest);
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requirements ...') and that all authors are confident that the manuscript reflects the work really done;

8) the name, address, telephone number and e-mail of the author responsible for correspondence and for communication with other authors on issues relating to the processing, correction and final approval of the article for publication;

9) letter must be accompanied with any other information that may be useful to the Editorial Board for example, what type of articles published in this journal refers to the submitted manuscript (see the rubric of the Journal), whether the author (s) agree — Tit the cost of reproducing color illustrations;

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- 2) revision of the material by the Author on the proposal of the Editors and / or reviewer and transfer of the revised material to the Editorial Office.

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#### FORMAT AND STRUCTURE OF ARTICLES

It is recommended to follow the following rules drawn up taking into account when the Author submit an article to the editor, the 'Standard Requirements for Manuscripts Submitted to Biomedical Journals' developed by the International Committee of Medical Journal Editors (International Committee of Medical Journal Editors), as well as the principles and rules of COPE (Committee on Publication Ethics), WAME (World Association of Medical Editors), ORI (the Office of Research Integrity), CSE (Council of Science Editors),

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**1. MANUSCRIPT.** The manuscript is sent to the editor in electronic form through the online form <https://journals.eco-vector.com/index.php/MAJ>. The file loads into the system with the article must be submitted in Microsoft Word format (with the extension \*.doc, \*.docx, \*.rtf). The article is loaded in two stages. At the first stage, the entire article is downloaded. At the second stage, the file must be divided and loaded into three separate files: 1) Russian-language and English-language metadata; 2) the text of the article; 3) information about the authors.

1.1. The volume of the full text of the manuscript (original studies, lectures, reviews), including tables and references, should not exceed 7000 words. The volume of articles which are devoted to the description of clinical cases is no more than 5000 words; short messages and letters to the editor — within 1,500 words. The number of words in the text can be found through the Word menu (Home — Editing — Statistics). If the volume of the article exceeding the standards is justified and cannot be reduced (in the author's opinion), the decision to publish is made at a meeting of the editorial board on the recommendation of the reviewer.

1.2. Manuscript text format. The text should be printed in Times New Roman font, have a size of 12 pt and line spacing of 1.5 pt. The indentation on each side of the page is 2 cm. Text can be highlighted **ONLY** in *italics* or **semi-bold** letters, but **NOT** underline. It is necessary to remove from the text all repeated spaces and extra line breaks (in automatic mode through the Microsoft Word 'Find and Replace' service).

1.3. The file with the text of the article, uploaded to the manuscript submission form, should contain all the information for publication (including figures and tables).

**2. STRUCTURE OF THE MANUSCRIPT** should correspond to the template below (depending on the type of work).

### 2.1. Russian-speaking metadata.

- **Article title.**
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- **The summary of the article** should be (if the work is original) structured: relevance, purpose, materials and methods, results, conclusion. Every summary should be fully consistent with the content of every work. The volume of the text of the resume should contain from 100 to 300 words.

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### 2.2. English-speaking metadata.

- **Article title.** The English-speaking title must be literate from the point of view of the English language. It should be fully correspond to the Russian-speaking title.

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- **Abstract.** The English-speaking version of the summary of the article in terms and meaning (Aim, Materials and Methods, Results, Conclusions) should be fully complied with the Russian-language one and be literate from the point of view of English.

- **Keywords** (in the vast majority of Western articles it is written together). The Thesaurus of the National Medical Library of the USA — Medical Subject Headings (MeSH) is used for selecting of keywords in English.

**2.3. The main body of the article.** The full text (in Russian, English or both languages) should be structured into sections. Structure of the full text of the manuscript which is devoted to the description of the results of original research should correspond to the generally accepted template and

contain sections: introduction (relevance), purpose, materials and methods, results, discussion, conclusions.

Information on financing, compliance with ethical standards and on the presence / absence of a conflict of interest (declaration of conflict of interest) should be provided at the end of the main body of the article.

**Financing.** The study was carried out with the financial support of ... the foundation within the framework of the project No ... / ... within the framework of the topic of the state task ...

**Compliance with ethical standards.** The study was approved by the protocol of the ethics committee ... (protocol number, date of approval).

**Conflict of interests.** The authors declare no conflict of interest.

**The Author's contribution.** The role of each author in the work on the publication is described (for example, conducting an experiment, description, processing of results, selection of literature). All terms in Latin are italicized (e.g., *in vivo*, *in vitro*, *rete venosus superficialis*), as well as Latin letters, which are used to denote variables and physical quantities (e.g.,  $n = 20$ ,  $p < 0.05$ ). Greek letters are typed in direct font.

**2.4. Literature.** Each source should be placed on a new line under a serial number in the bibliography (reference list). Detailed rules for bibliography design can be found in the special section 'Bibliography Design'. The most important of them are as follows.

- All the works in the list are listed in citation order.
- Number of cited works: up to 60 are allowed in original articles and lectures, up to 120 sources in reviews. It is advisable to quote works published over the past 5–7 years.
- References to sources are given in square brackets in Arabic numerals in the text of the article,
- The authors of the cited sources in the list of references should be indicated in the same order as in the primary source (if the publication has more than 4 authors, in this case it is necessary to put the abbreviation '...', etc.' or '. ..., et al.'). after the 3rd author. The title of the article mustn't be shortened. The title of the English-language journals should be given in accordance with the catalog of the names of the MedLine database (the names of the journal in the abbreviations are not put). If the journal is not indexed in MedLine, its full name must be indicated. The name of the English-speaking magazine should be in italics. The // sign, which separates the title of the article from the name of the journal is put before the name of the

journal, which is published in Russian. The title of the domestic magazine cannot be shortened.

• **Reference list format** must meet the requirements of the RSCI and international databases. In this regard, it is necessary to additionally indicate information for citation in Latin in references to Russian-language sources. In this way:

– English-speaking sources should be made out in Vancouver format in the AMA version (AMA style, <http://www.amamanualofstyle.com>) — in detail on the page 'Reference list format';

– the description of the primary source in Latin should be indicated after the reference to the primary source in Russian is indicated in square brackets — in detail on the page 'Reference list format'.

**RULES FOR PREPARATION OF THE LATIN-SPEAKING (ENGLISH) PART OF THE BIBLIOGRAPHIC DESCRIPTIONS OF NON-ENGLISH SOURCES (IN ROMAN ALPHABET)** If the article is written in Latin (English, German, Finnish, Danish, Italian, etc.), it should be cited in its original form:

• Ellingsen AE, Wilhelmsen I. Sykdomsangst blant medisiner- og jusstudenter. *Tidsskr Nor Laegeforen*. 2002;122(8):785-787. (In Norwegian).

If the article is NOT written in Latin — in Cyrillic (including Russian), hieroglyphs, etc., if the article has an OFFICIAL TITLE TRANSFER, it must be inserted in square brackets after the original writing of the bibliographic reference to the source. The easiest way to check for an official translation of the article title is on the eLibrary.ru website. For instance:

• Григорян О.Р., Шереметьева Е.В., Андреева Е.Н., Дедов И.И. Планирование беременности у женщин с сахарным диабетом // Вестник репродуктивного здоровья. — 2011. — № 1. — С. 23–31. [Grigoryan OR, Sheremet'eva EV, Andreeva EN, Dedov II. Planning of pregnancy in women with diabetes. *Vestnik reproduktivnogo zdorov'ya*. 2011;(1):23-31. (In Russ.)]

If the article does not have an OFFICIAL TRANSLATION, you need to TRANSLATE the entire link in square brackets immediately after the correctly formatted link in the original spelling. The English-speaking part of the bibliographic description of the link to the Russian-speaking source should be located immediately after the Russian-language part in square brackets ([...]).

The names and initials of all authors in Latin and the title of the article in English must be given as they are given in the original publication. Transliteration must be done in the BGN standard (automatically transliteration in the BGN standard

is done on the page <https://translit.net/ru/bgn/> with the preservation of the style of the Russian-speaking source. This is followed by the transliterated name of the Russian-speaking magazine in the BGN standard, followed by the output: year; volume (number): pages.

An indication of the source language of the publication is placed in parentheses, for example: '(In Russ.)' is put at the very end of the English part of the bibliographic description. Doi for the articles is placed at the end of the bibliographic description (behind the square bracket). Checking of the presence of doi for the article on the sites <http://search.crossref.org/> or <https://www.citethisforme.com>.

For example:

- Halpern SD, Ubel PA, Caplan AL. Solid-organ transplantation in HIV-infected patients. *N Engl J Med.* 2002;347(4):284-287. <https://doi.org/10.1056/nejmsb020632>.

### Examples of the correct design of links in reference lists.

#### JOURNAL ARTICLES

Ordinary magazine link (there is translation option of the title)

- Шестакова М.В., Сухарева О.И. Расширение группы препаратов, основанных на действии инкретинов: новый ингибитор ДПП-4 саксаглиптин // Проблемы Эндокринологии. – 2010. – Т. 56. – № 5. – С. 52–60. [Shestakova MV, Sukhareva OI. Extension of the group of incretin-targeted preparations: Saxagliptin – a new dipeptidyl peptidase-4 inhibitor. *Problems of Endocrinology.* 2010;56(5):52-60. (In Russ.)]. <https://doi.org/10.14341/probl201056552-60>.

Ordinary magazine link (there is no translation of the title)

- Сунцов Ю.И., Дедов И.И., Кудрякова С.В. Государственный регистр сахарного диабета: эпидемиологическая характеристика инсулин-независимого сахарного диабета // Сахарный диабет. – 1998. – Т. 1. – № 1. – С. 41–43. [Suntsov YuI, Dedov II, Kudryakova SV. Gosudarstvennyy registr sakharnogo diabeta: epidemiologicheskaya kharakteristika insulinnezavisimogo sakharnogo diabeta. *Diabetes mellitus.* 1998;1(1):41-43. (In Russ.)]. <https://doi.org/10.14341/2072-0351-6215>.

#### BOOKS AND MONOGRAPHS

The book has one or more authors

- Гиляревский С.Р. Миокардиты: современные подходы к диагностике и лечению. – М.: Медиа Сфера, 2008. [Gilyarevskii SR. Miokardity:

sovremennye podkhody k diagnostike i lecheniyu. Moscow: Media Sfera; 2008. (In Russ.)]

- Murray PR, Rosenthal KS, Kobayashi GS, Pfaller MA. Medical microbiology. 4<sup>th</sup> ed. St. Louis: Mosby; 2002.
- Ringsven MK, Bond D. Gerontology and leadership skills for nurses. 2<sup>nd</sup> ed. Albany (NY): Delmar Publishers; 1996.

The book has one or more editors

- Инфекции, передаваемые половым путем / Под ред. В.А. Аковбяна, В.И. Прохоренкова, Е.В. Соколовского. – М.: Медиа Сфера, 2007. [Infektsii, peredavaemye polovym putem. Ed. by V.A. Akovbyan, V.I. Prokhorenkov, E.V. Sokolovskiy. Moscow: Media Sfera; 2007. (In Russ.)]
- Operative obstetrics. 2<sup>nd</sup> ed. Ed. by L.C. Gilstrap, F.G. Cunningham, J.P. VanDorsten. New York: McGraw-Hill; 2002.

#### CONFERENCE MATERIALS

- Пархоменко А.А., Дейханова В.М. Оказание медицинской помощи больным, перенесшим инфаркт головного мозга, на амбулаторно-поликлиническом этапе // Всероссийская научно-практическая конференция «Пути развития первичной медико-санитарной помощи»; Ноябрь 13–14, 2014; Саратов. [Parkhomenko AA, Deikhanova VM. Okazanie meditsinskoi pomoshchi bol'nym, perenesshim infarkt golovnogogo mozga, na ambulatorno-poliklinicheskom etape. (Conference proceedings) Vserossiiskaya nauchno-prakticheskaya konferentsiya "Puti razvitiya pervichnoi mediko-sanitarnoi pomoshchi"; 2014 nov 13-14; Saratov. (In Russ.)]. Доступно по: <http://medconfer.com/node/4128>. Ссылка активна на 12.12.2014.
- Germ cell tumours V. Proceedings of the 5<sup>th</sup> Germ Cell Tumour Conference; 2001 Sep 13-15; Leeds, UK. Ed. by P. Harnden, J.K. Joffe, W.G. Jones. New York: Springer; 2002.

#### THESES IN THE CONFERENCE MATERIALS

- Christensen S, Oppacher F. An analysis of Koza's computational effort statistic for genetic programming. In: Genetic programming. EuroGP 2002: Proceedings of the 5<sup>th</sup> European Conference on Genetic Programming; 2002 Apr 3-5; Kinsdale, Ireland. Ed. by J.A. Foster, E. Lutton, J. Miller, et al. Berlin: Springer; 2002. P. 182-91.

#### DISSERTATIONS

- Бузаев И.В. Прогнозирование изменений центральной гемодинамики и выбор метода пластики левого желудочка при хронических аневризмах сердца: Дис. ... канд. мед. наук. – Новосибирск, 2006. [Buzaev IV. Prognozirovaniye

izmenenii tsentral'noi gemodinamiki i vybor metoda plastiki levogo zheludochka pri khronicheskikh anevrizmakh serdtsa. [dissertation] Novosibirsk; 2006. (In Russ.)). Доступно по: <http://www.buzaev.ru/downloads/disser.pdf>. Ссылка активна на 12.12.2014.

- Borkowski MM. Infant sleep and feeding: a telephone survey of Hispanic Americans. [dissertation] Mount Pleasant (MI): Central Michigan University; 2002.

#### WEB PAGE

- Liapakis A, Formica RN, Levitsky J. Solid organ transplantation of viral hepatitis C positive donor organs into viral hepatitis C negative recipients. Current Opinion in Organ Transplantation [Internet]. Ovid Technologies (Wolters Kluwer Health); 2018 Feb 1. Available from: <http://dx.doi.org/10.1097/mot.0000000000000504>.

#### AUTHOR BEARS RESPONSIBILITY FOR THE CORRECTNESS OF BIBLIOGRAPHIC DATA.

**2.5. Information about the authors.** All authors of the manuscript are indicated in sequence: full name, academic degree, academic title, position, place of work (including city and country), ORCID and SPIN code. Separately, it is necessary to highlight (with a \*) the author for communication with the team of authors and indicate his contact phone number (only for emergency communication, it will not be published) and e-mail. You can optionally specify the e-mail of all authors.

**3. TABLES** should be placed in the text of the article, they should have a numbered heading and clearly marked columns, convenient and understandable for reading. These tables must correspond to the numbers in the text, but must not duplicate the information presented in it. References to tables are required in the text. **Tables must have a title in Russian and English.**

**4. ILLUSTRATIONS. Figures** (graphs, charts, diagrams, drawings and other illustrations drawn by means of MS Office) should be contrasting and clear. The amount of graphic material is minimal (with the exception of works in which this is justified by the nature of the study). Each figure must be placed in the text and accompanied by a numbered caption. References to figures in the text are obligatory. **All the figures should have a title in Russian and English.** The captions in the figures must also be duplicated in English. **Photographs**, screen prints (screenshots) and other non-drawn illustrations must be uploaded separately in a

special section of the form for submitting articles in the form of \*.jpeg, \*.bmp, \*.gif files (\*.doc and \*.docx — in case the image is marked with additional marks). Image resolution should be > 300 dpi. Image files must be given a name corresponding to the number of the picture in the text.

**5. FORMULAS.** Mathematical formulas, drawn up as a separate line, are fully typed using MathType. Italics is used for Latin symbols, direct font (menu MathType: Style — Define) is used for Greek. Do not use Microsoft Equation, MathType, etc. for a set of notation that has only a superscript or only a subscript, units of measure, numbers in the text, as well as simple mathematical or chemical formulas (for example,  $a^2 + 2ab + b^2 = (a + b)^2$ ; CH<sub>3</sub>CH<sub>2</sub>OH). Some common symbols can be typed using keyboard commands (for example, Alt + 0177 — ±), or using the Insert — Symbol menu.

**6. LIST OF ABBREVIATIONS.** If there are abbreviations in the article, then at the beginning of the article it is necessary to place a list of abbreviations. It is not recommended to use abbreviations in the resume. At the first use of the abbreviation, the full name must be given, and in abbreviations — abbreviated, then in the text only the abridged version. All abbreviations and symbols used in the tables and figures must be deciphered in the notes and their captions with an indication of the statistical criteria (methods) used and indicators of estimation accuracy (standard deviation, standard error of the mean, etc.). The statistical significance of the differences in the data presented in the tables is recommended to be denoted by superscript characters \*, \*\*, #, ##, ^, ^^, †, ††, ‡, ‡‡, etc.

**7. ETHICAL NORMS.** It is necessary to indicate whether the study participants signed the informed consent for publishing the results of the original work; in the case of research involving animals, whether the research protocol was in accordance with the ethical principles and standards for conducting biomedical research involving animals. In both cases, it is necessary to indicate whether the research protocol was approved by the ethics committee (with the name of the organization concerned, its location, protocol number and date of the committee meeting). The principles of publication ethics, which are guided by the Editorial Office, are described in detail in the section 'Journal Ethics' at <https://journals.eco-vector.com/MAJ/about/editorialPolicies#custom-1>.

*REVIEW*

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